

Student Information

The Campus

The Academy campus and facilities comfortably accommodate the Regiment of Midshipmen. The design of the buildings is simple yet functional, and the campus has been laid out to take full advantage of the picturesque waterfront of Long Island's north shore. The Academy's buildings and walkways are named after individuals whose deeds have brought fame to America's merchant marine.

On the slope looking toward Long Island Sound stands a monument to the Academy's World War II casualties. Around this monument are grouped an outdoor swimming pool; a boat basin and the Yocum Waterfront Center; Gibbs Hall, with modern science and engineering laboratories; and Samuels Hall, with Humanities Department classrooms, the Global Maritime and Transportation School, the Department of Information Technology, a ship's bridge simulator, and laboratories for teaching nautical science. A beautiful interfaith chapel, which serves the religious needs of the regiment, stands on a grassy knoll to the south of the War Memorial.

Wiley Hall, facing Long Island Sound, is the chief administration center of the Academy. Formerly the home of automobile magnate Walter P. Chrysler, this historic building contains the offices of the Superintendent, Commandant of Midshipmen, Academic Dean, Public Affairs and other senior staff.

East of Wiley Hall lies the center of the Academy campus, marked by a striking, 176-foot flagpole. Surrounding this landmark are Fulton Hall, the marine engineering and science building; Bowditch Hall, housing the Department of Marine Transportation and the 900-seat Ackerman Auditorium; and the Schuyler Otis Bland Memorial Library.

Delano Hall, the midshipman dining room, and six dormitory buildings - Barry, Jones, Rogers, Cleveland, Murphy, and Palmer Halls - complete the circle of buildings enclosing the main campus. The dormitories and dining room are connected by an underground promenade, which contains the midshipman lounge and can-teen, uniform shop, post office, laundry facilities, bank, barber shop, and ship's service store.

On the perimeter of the Academy are athletic fields for football, baseball, lacrosse and soccer, as well as tennis and handball courts and a quarter-mile surfaced track; Furuseth Hall, containing the Department of Naval Science, the Department of Professional Development and Career services, the Public Safety and security office, and the Administrative Services Department; Vickery Gate, home of the Admissions Office; O'Hara Hall, which has a spacious gymnasium, an indoor olympic-size swimming pool, and athletic facilities; Patten health clinic; and Land Hall, the Midshipmen Activities Center.

Although the majority of Academy buildings

were constructed during World War II, ongoing modernization programs have rendered the classroom, laboratory and dormitory facilities virtually brand new.

On the northern border of the Academy lies the McNulty Campus, named after the "father" of the Academy, Rear Admiral Richard R. McNulty, who was instrumental in calling public attention to the need for a federal maritime officer training school. Located in this area is the American Merchant Marine Museum, a popular stop for campus visitors.

Library

The Schuyler Otis Bland Memorial Library is the Academy's major information resource center. The library supplies midshipmen, faculty and staff with a wide range of materials and services, which can also benefit visiting researchers. There is seating for 300 users, including special conference rooms and study areas.

Designed to support the curriculum, the library book collection of over 180,000 volumes provides a broad range of information on the subjects studied at the Academy, with an extensive concentration of information and special collections on maritime subjects, both modern and historical.

Available at the library is a great deal of information in other formats: periodicals, sea charts, magazines and newspapers on microfilm, research reports on microfiche,

computers and computer software, video and audio cassette tapes, files of engineering data, specialized indexes, compact discs, DVDs, CD-ROMs, computerized data bases, and an on-line public access catalog.

The library has on-line access to over 450 computer data bases in many disciplines, including science, technology, the social sciences, and the humanities. Its CD-ROM holdings include full texts of newspapers and many types of government documents. As part of its broad role as a resource center, the library also serves as a conference site for Academy programs. The library's premier conference facility, the Crabtree Conference Room, provides a comfortable setting for a wide variety of maritime and scholarly activities attended by midshipmen, faculty and staff.

Midshipman Activities Center

Land Hall is the site of the Joseph B. Williams Midshipmen Activities Center which serves as the focal point of many extracurricular and recreational activities. The building contains club and meeting rooms, and is used for informal dinners and parties. The office of the Academy's social director is located here, as well as the Midshipman Pub, with its regulated hours of operation.

Food Services

The commissary in Delano Hall provides midshipmen with daily meals. Monday through Friday, breakfast and dinner are served buffet style, while lunch is served family style. On weekends, all meals are served buffet style. Breakfast, lunch and dinner are offered on

Saturday. On Sunday, brunch and dinner are offered. In addition to regular menu selections, breakfast features a fruit bar. At lunch and dinner, there is a salad bar and soup bar.

The Seafarer Restaurant, open to the public as well as to midshipmen, is a cafeteria-style facility. It offers a full breakfast and lunch menu, Monday through Friday. The Seafarer is also open for evening meals, Monday through Thursday. It is closed on Saturday and reopens Sunday evening for pizza and snacks.

Healthcare Delivery System

Patten Clinic has a unique mandate to provide midshipmen with the variety of medical, dental, and mental health services that are prerequisites for assignment to sea duty; application for a Merchant Marine Reserve, U.S. Naval Reserve (MMR, USNR) commission; and application for a U.S. Coast Guard (USCG) license.

Patten Clinic has three components: a Medical Clinic, a Dental Clinic, and Midshipman Counseling and Personal Development (MCPD). Patten Clinic is staffed by a combination of contract employees (through a long-standing contract with the North Shore-Long Island Jewish Health System (NSLIJ), and federal employees.

NSLIJ employees include: the Chief Medical Officer (CHO) and other NYS licensed physicians specializing in Adolescent Medicine; NYS Licensed Physicians' Assistants; NYS Registered Nurses; a NYS Registered Pharmacist; NYS Licensed Nurse Practitioners; a Program Coordinator; a NYS Regis-

tered Dental Hygienist; a NYS Licensed Mental Health Counselor and a NYS Licensed Clinical Psychologist. Federal employees include: Department Head of Health Services (DHS), a Licensed Dental Officer (unrestricted dental license in federal facilities), Medical Records Specialist, and a Certified Dental Assistant.

Patten Clinic meets the standards of the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO) for medical clinics and the standards of the Health Insurance Portability and Privacy Act (HIPAA) safeguarding storage, transmission and confidentiality of midshipmen medical information and records.

All three departments of Patten Clinic are housed in one building, which facilitates staff intercommunication and expedites many health-related processes for midshipmen.

Patten Clinic services are generally available by appointment Monday - Friday, 0730-1730. Sick Call is Monday - Friday, 0800-1000. Midshipmen in duty status who require emergency care or urgent care when the Clinic is closed will be transported by NY State Certified EMTs in the USMMA Ambulance to the Emergency Department at the North Shore University Hospital in Manhasset, NY. Emergency treatment provided by NSUH ED is covered (i.e., reimbursed) under the NSUH contract with the Academy. Necessary treatment is always provided, but if the requirement for treatment involves an excluded condition, the midshipman assumes financial responsibility for the cost incurred.

Health & Accident Insurance Coverage

Midshipmen actively enrolled in academic classes are provided basic medical, surgical and mental health coverage available through the Academy. The Academy's Chief Medical Officer and/or Head, Department of Health Services, may authorize health services to be provided by local health providers affiliated with The North Shore/Long Island Jewish Health System (NS-LIJ). Midshipmen are **required** to maintain continued enrollment in their existing family medical hospitalization and dental plan. If a midshipman has no access to family medical coverage, the Office of Admissions should be notified. It is important to note that while the Academy medical care is extensive, a midshipman is not entitled to unlimited care at government expense.

Examples of medical/insurance coverage which is outside the academy system and is not provided includes, but is not limited, to:

- obtaining care with an outside provider not included under the Academy contract;
- expediting treatment by using services not included under the Academy contract; or
- uncovered conditions or treatment for those conditions.

Conditions and/or treatments not covered include, but are not limited to:

- on-going treatment of pre-existing health conditions;
- elective medical examination and immunizations (e.g., pre-employment physicals and immunizations)
- elective surgery;

- cosmetic surgery (except reconstructive surgery incidental to or following surgery resulting from trauma, infection or other covered diseases or injury);
- contact lens or eyeglasses examinations, for the prescription or fitting thereof;
- hearing aids and examinations for the prescription or fitting thereof;
- prescriptions and associated medical laboratory tests for treatment of dermatological conditions (e.g., acne);
- consultation for or extraction of third molars (wisdom teeth);
- dental care or treatment, other than injury to natural teeth, as provided by the Academy Dental Clinic or as authorized by the senior dental officer;
- dental implants;
- orthodontic care;
- substance use disorders; expensed incurred for treatment subsequent to or resulting from substance use (including alcohol);
- conditions incurred as a result of participation in an act in violation of Midshipmen Regulations, or Academy Policy;
- prenatal care maternity benefits or any condition arising from or out of pregnancy.

Career Services

The Department of Career Services and Professional Development is located on the second deck of Furuseth Hall. The department provides a range of Career Counseling services ranging from information regarding the midshipman's obligation, to resume assis-

tance, to internship opportunities to graduate employment options. The department has resources to assist midshipmen in communicating with organizations, learning about opportunities available with them, and in applying for positions. The department works with the alumni association to maintain a data base of organizations participating in the internship program and employment of graduates.

For a full description of the functions of the department, see page 98.

Midshipman Counseling and Personal Development

Midshipman Counseling and Personal Development (MCPD), a component of the Department of Health Services, is located in Patten Clinic. MCPD, through a variety of ongoing programs, presentations and services, strives to provide midshipmen with the practical information, interpersonal skills and decision-making proficiency necessary for them to achieve their personal goals and career objectives. Particular attention is given to the plebes, who typically find the Academy environment challenging during their first year.

MCPDS staff includes a Director, a Midshipman Counselor, and support personnel. Using established assessment and counseling methods, MCPD can help midshipmen address any issue which might affect their performance at the Academy. Issues related to stress, interpersonal relationships, adjustment to Sea Year, and alcohol misuse, for example, can be addressed productively in accordance with established confidentiality

guidelines (Health Insurance Portability and Accountability Act of 1996 and Academy policies.

MCPD works closely with the Department of Health Services; the Office of Superintendent; the Office of Commandant; the Office of Chaplain; and other Academy departments to instruct midshipmen about significant health-related issues and policies and to provide crisis-management support.

MCPD also participates in an ongoing training program for the Midshipman Human Relations Officers (HROs). The HROs apply this training to provide fellow midshipmen with accessible information regarding important Academy, military, and maritime health-related policies..

Varsity and Intramural Sports

The Academy seeks to promote midshipman growth as a “whole person” and is concerned with physical development and with nurturing character, leadership and intellect. Physical fitness and athletics are therefore an important part of midshipman life.

The varsity athletic program is comprehensive, but emphasis on intercollegiate competition is balanced with a midshipman’s academic obligations. The Academy strives to develop a healthy interest in athletics and to field teams that are competitive. This program offers physical development, recreation and a healthy focus for midshipman pride and loyalty. For male midshipmen, the Academy offers the following varsity sports: baseball, basketball, crew, cross-country, football, golf, lacrosse, pistol, intercollegiate sailing, soccer, swimming and diving, tennis, track and field, volleyball, and wrestling.

For female students, there are these varsity

sports: basketball, crew, cross-country, pistol, intercollegiate sailing, softball, swimming and diving, track and field, and volleyball.

Physical Fitness Program

The Academy places great emphasis on the physical condition of its midshipmen. Fitness training is a complete physical conditioning program that develops and maintains the flexibility, aerobic endurance and muscular strength needed to perform the tasks required, and to counter the mental stress associated with maritime, naval and military service. Midshipmen must meet and maintain the physical standards described below from entrance to the Academy through graduation.

Physical Fitness Assessment (PFA): This consists of a series of strength and endurance events to measure an individual’s physical fitness in relation to their age and gender. The three events are curl-ups, push-ups, a 1.5 mile run/walk or 500 yard swim. During the academic year, there are three or more scheduled PFAs administered to the Regiment.

Physical Excellence Program (PEP): A midshipman or plebe candidate who fails the PFA and/or body fat requirement will be required to participate in the Physical Excellence Program. The PEP is a remedial physical training and dietary/nutritional guidance program designed to assist midshipmen in passing the PFA and bringing body fat percentage to within Academy standards.

Intramurals: Over a four-year period, midshipmen are expected to participate in varsity athletics, club sports or intramurals. The

Academy encourages this participation to help midshipmen remain physically fit, learn from the challenges of athletic competition, and develop a lifetime commitment to healthy physical activity. For midshipmen who choose not to participate at the varsity or club level, there are ample opportunities to join intramural activities. Company Officers are responsible for monitoring midshipmen to ensure that all students are taking advantage of the diverse athletic opportunities that the Academy offers.

Waterfront Activities

The Academy boasts one of the finest waterfront training programs in the country. With varsity, instructional and recreational programs available, there is something to offer every midshipman, either competitively or professionally. As a result, nearly 40 percent of the student body participates in the curricular elective or extra-curricular programs, making the Yocum Sailing Center home to one of the most popular activities on campus.

To support the curricular educational program, there are several modern, specially-equipped vessels that are used for professional training in both core and elective programs. The flagship of the fleet is the 224-foot training ship, KINGS POINTER. The vessel gets underway for routine training throughout the week, and takes part in weekend and week-long training cruises along the East Coast.

In addition to the KINGS POINTER, the waterfront operates a 65-foot former USCG Icebreaker for professional training and a fleet of Ridgit Inflatable Boats (RIBs) for a Fast

Rescue Boat course, offered as an elective to upperclassmen with such interest.

In the extracurricular arena, the Varsity Intercollegiate Sailing Team is the most decorated sport at the Academy. With 15 North American Collegiate Championship titles won, 42 sailors named to the All-America Sailing Team and the only school to have 6 team members named as Collegiate Sailor of Year, Kings Point sailors are successful competitors, including alumni who have gone on to win National and World Championships and one Olympic Silver medal. The Academy fields teams in seven sailing disciplines: freshmen coed, single-handed men and women and double-handed women and coed, coed sloops and coed team racing. The USMMA competes against nearly 300 college varsity and club teams throughout the United States, in seven regions, and is perennially ranked in the top 20 teams in the nation as published in Sailing World Magazine.

The largest waterfront team is the Varsity Offshore Sailing Team. Midshipmen regularly compete in intercollegiate offshore events, day and overnight open races from Annapolis, MD to Newport, RI. During summer break, the team also completes in such high-profile events as Block Island Race Week, the Newport to Bermuda Race, the Halifax Race and NYYC Race Week.

The Offshore Sailing Team completes with ALCHEMY and HERCULES, two of the largest and fastest yachts in the centennial Newport to Bermuda Race. They recently smashed the elapsed-time record in the Around Long Island Regatta on ALCHEMY, and won the Service

Academy trophy at the Farr 40 World Championship.

The Academy also offers Junior Varsity, recreational and instructional sailing programs during the fall, spring and summer months. The Kings Point fleet is comprised of keelboats ranging from 20 to 25-feet in length. The fleet is primarily used for the US SAILING Basic Keelboat instructional course. Once certified, midshipmen can sign out a boat for recreational sailing on local waters.

The Windsurfing Club enjoys recreational sailing on local waters. Midshipmen experienced in windsurfing teach new club members how to windsurf, and then make trips for recreation and competition to Montauk Point and Martha's Vineyard each year.

For midshipmen interested in competitive rowing, the Kings Point Varsity Rowing Team (Crew) offers a challenging program of headstyle races as well as sprint competition. The team has a state-of-the-art indoor rowing tank, weight room and Erg machines and four new carbon fiber four- and eight-person shells. Competing in novice, lightweight and women's regional events, the team annually travels to regattas such as the Head of the Charles and the Dad Vail National Championship.

The USMMA Power Squadron provides a direct supplement to the professional training in the educational programs. Ship handling, navigation and engineering skills are honed as the Power Squadron gets underway for training daily. The flagship of the fleet is the 75-foot MARINER. The workhorse of the fleet is the 65-foot former USCG Icebreaker tug

GROWLER. Several smaller vessels serve as recreational and fishing vessels for the program. Each vessel is manned, maintained and commanded by midshipmen who get underway each weekend for training, goodwill and VIP cruises, fishing and program support throughout the region.

A club was recently formed for water-ski and wakeboard enthusiasts at the Academy. The club can be seen on any warm, windless day performing their stunts and instructing new members being towed behind BIG AIR, the club's 19-foot Celebrity ski boat.

Extracurricular Clubs and Activities

Midshipmen clubs and activities number nearly 30 and provide students the opportunity to expand their interests in regimental, professional, spiritual and personal areas of development. Among the many choices for membership are the Drill Team; the Fencing Club; the National Eagle Scouts; and the Debate Team. Other choices abound.

Land Hall, the student center, is the heart of the activities program and provides space for midshipmen to gather and pursue their interests. A Midshipmen Council, composed of elected students, midshipman officers and volunteers, helps plan activities both on and off the campus for the regiment. There is a full program of social events, dances, dinners and current movies. On campus for midshipmen recreation is a game room with electronic games billiards, table tennis and televisions.

Students with a literary bent participate in Academy publications, which include **Hear**

This, the student newspaper; and **Midships**, the award-winning yearbook.

The Academy also has campus chapters of the Society of Naval Architects and Marine Engineers; the Council of Mater Mariners; and the Society of Women Engineers, among others, to supplement the academic and professional interests of midshipmen.

Musical Activities

The Regimental Band and Fanfare Trumpet Team, along with the Mariners Chorus and Chapel Choir, serve as the Academy's "musical ambassadors." Members of the Regimental Band live together in their own midshipman company.

The nationally-acclaimed band, which has made several recordings, plays for the morning colors ceremony. It has also performed at the Cotton Bowl, in Presidential Inaugural Parades, the Macy's Thanksgiving Day Parade, at Madison Square Garden and aboard the passenger ship *QE2*! Within the Band are a Pep Band, Stage Band and Jazz Ensemble.

The Mariners Chorus has sung with John Williams and the Boston Pops for the Statue of Liberty Centennial Concert and has appeared on television. Both the Chorus and the Chapel Choir perform at off-campus events.

While the Academy does not have a string orchestra, midshipmen who play string instruments are able to perform with the Great Neck Symphony Orchestra, an outstanding local community organization.

Cultural Activities

The Academy is connected to New York City - about 20 miles away - by excellent train and bus service. Most midshipmen master getting around Manhattan by the time they graduate. New York City offers unparalleled cultural amenities to students who are curious and willing to explore, and many of these resources can be enjoyed at very little expense. Popular music, theater, symphonies, operas, dance, ethnic neighborhoods, museums - the list of things to do and see goes on and on.

The Academy, through its Arts and World Affairs Program, funds student-organized excursions to cultural events in New York City and other nearby locations. Every year, blocks of tickets to leading Broadway shows are made available so that midshipmen may attend such events in groups. Other types of trips to Manhattan, as well as other cultural initiatives, are also supported. The Arts and World Affairs Program also provides funds for several popular on-campus events. Since this program is supported by student fees, every effort is made to use it for appropriate midshipmen-initiated activities.

The Museum

The American Merchant Marine Museum at the Academy allows midshipmen to see first hand our nation's rich maritime heritage. The museum's focus is the merchant marine from the beginning of steam propulsion to present day operations. Located in Barstow House on the Academy's McNulty Campus, the museum welcomes thousands of visitors each year.

Spiritual Life

Participation in religious activities and attendance at chapel services is voluntary, left to the needs and desires of the individual midshipman. The U.S. Merchant Marine Memorial Chapel, built by public subscription as a tribute to the officers and men of the merchant marine who lost their lives in the service of the nation, serves all faiths.

Chaplains are available to assist midshipmen with their spiritual and personal needs. The Protestant and Catholic programs include weekly Sunday services, a daily Catholic mass, Bible studies and social events. Other opportunities for spiritual growth include retreats, service projects, religious study programs, and sacramental preparation classes.

Jewish and Latter-Day Saint midshipmen following their indoctrination period, can participate in worship with local area congregations, and are offered opportunities to attend special holiday observances.

Midshipmen of other faiths requiring special arrangements to attend a house of worship of their choice may obtain assistance from one of the chaplains.

Drug and Alcohol Policy

The Academy will not tolerate the use of illegal drugs or the abuse of alcohol by its midshipmen. Students who are found in violation of the Academy's drug and alcohol policy face serious disciplinary action.

Each appointee to the Academy receives a urine toxicology screen during indoctrination. The Department of Health Services also con-

ducts mandatory toxicology screening of midshipmen before sea year assignment; prior to graduation as a prerequisite for licensing in the U.S. Coast Guard and commissioning in the U.S. Armed Forces; and whenever there is a reasonable suspicion that a student has used illegal substances. Additionally, the Office of Commandant conducts random urine toxicology screens of the Regiment during each school year. The Office of Commandant may also require midshipmen suspected of alcohol misuse to undergo a breath alcohol test (Breathalyzer).

The Office of Commandant will impose disciplinary action for midshipmen who commit alcohol-related violations of Midshipman Regulations. Consumption and possession of alcohol on Academy grounds, for example, will result in severe disciplinary action. In addition, under *Superintendent's Instruction 2006-26* (Alcohol Awareness Education and Treatment Policy), midshipmen who commit alcohol-related violations are referred for assessment to the Alcohol Clinical Treatment Team of Midshipman Counseling and Personal Development.

Detailed instruction and information about the potential personal and professional consequences of substance use begins for each plebe candidate class upon entrance to the Academy. The relevant policies of the Academy, the U.S. Coast Guard, the U.S. Armed Forces and the maritime industry are also reviewed. Since a current working knowledge of these policies is crucial to a midshipman's success at the Academy and thereafter, additional training sessions are held regularly throughout the midshipman's four years at the Academy. Midshipman Counseling and

Personal Development offers an ongoing variety of educational, treatment and counseling services to assist midshipmen in making decisions that maximize their opportunity to succeed.

As a prerequisite for appointment as Midshipman, Merchant Marine Reserve (MMR), U.S. Naval Reserve (USNR), all students who are U.S. citizens are required to read and initial a statement of understanding which outlines U.S. Navy policy regarding drug and alcohol use and misuse, and the consequences for violating the policy.

Tattoo and Body Piercing Policy

In our current culture, tattoos, brands and body piercing are becoming more prevalent. The Academy has established a policy to address this issue, outlining what is acceptable and unacceptable in this area. The purpose of the policy is to ensure that midshipmen uphold a professional image when in uniform and avoid the serious health risks and long term consequences associated with a tattoo, brand or body piercing.

The following tattoos and brands are prohibited: Any that are on the face, neck or head; any that are prejudicial to good order or discipline, including those with offensive language, patently racist or extremist symbols, or sexually explicit depictions; and any that are partly or fully visible when wearing the Summer White uniform.

Tattoos or brands falling into one of the above categories must be removed within six months of identification at the expense of the individual student. Entering plebe candidates

identified with a prohibited tattoo or brand will have until December 1 of plebe year to have the tattoo or brand removed, or face disenrollment.

The Academy's policy regarding body piercing prohibits the following: body piercing and jewelry on the tongue, or in areas that interfere with a student's duties, or that could lead to medical complications.

While in uniform, female midshipmen are permitted to wear single post earrings, one per ear on the earlobe. The earring must be gold, a 6mm (approximately 1/4") ball, plain with brushed matte finish. Small single pearl earrings are authorized for wear with Dinner and Formal Dress uniforms.

With the exception of earrings authorized for female midshipmen, neither male nor female students are permitted to have body piercings with associated jewelry that are visible when wearing the Summer White uniform or an athletic uniform when engaged in athletic competition.

Motor Vehicles

All upperclass midshipmen may own and use automobiles while in residence at the Academy. However, because of limited parking facilities on campus, only a small number of first classmen may keep their automobiles in a designated area of the Academy at their own risk. This is considered a privilege and is granted subject to compliance with Academy regulations. Upperclass students who are not authorized to use Academy parking facilities must make private garage arrangements since a local town ordinance prohibits overnight street parking.

Admissions

Each year, the Academy selects approximately 275 to 300 young men and women for entry into the plebe class. They come from every state of the Union, as well as from backgrounds reflecting every facet of American life. The Academy encourages diversity and recognizes the value of a Regiment of Midshipmen which represents all races, colors, creeds and ethnic backgrounds found in this nation. Students from minority groups are strongly encouraged to apply for admission.

Certain general eligibility requirements for admission to the Academy do exist. Candidates must be of good moral character. They must be at least 17 years of age and must not have passed their 25th birthday before July 1 in the year of entrance. They must be citizens of the United States either by birth or naturalization, except for a limited number of international midshipmen specially authorized by Congress. Candidates must also meet the physical, security and character requirements necessary for appointment as U.S. Navy Reserve, Merchant Marine Reserve midshipmen. Candidates must obtain a Congressional nomination to the Academy; submit a completed application; and qualify scholastically. The Admissions Office evaluates each candidate's high school record and class rank, SAT or ACT standardized scores, recommendations from school officials, history of extracurricular activities, ability to pass a Candidate Fitness Assessment (CFA), and other

evidence of character, leadership and potential for academic achievement. Admission to the Academy is based on all the above factors. The application deadline is March 1 (February 1 for international students).

Definition of Terms

The terminology listed below will be used frequently in this section on admission to the Academy. Candidates should familiarize themselves with these definitions:

Nominating Authority: A member of the U.S. Congress (House of Representatives or Senate). Each Representative and Senator may nominate 10 candidates to the Academy each year. The President and Vice President are **not** nominating authorities for the Academy. In addition, the U.S. Representative for Guam, the Virgin Islands, the District of Columbia, the Commonwealth of Puerto Rico, and American Samoa; and the governors of the Northern Mariana Islands and the Marshall Islands, may nominate 10 candidates annually.

Applicant: A man or woman applying to a member of Congress for a nomination to the U.S. Merchant Marine Academy.

Nomination: Submission by a nominating authority of an applicant's name as a nominee for consideration for appointment to the U.S. Merchant Marine Academy. The applicant must be a resident of the same state or territory as the nominating authority. Students should apply to the Academy at the same time that

their nomination request is being evaluated.

Candidate: A man or woman who has applied to the Academy and has been designated as under consideration for admission.

Qualified Candidate: A candidate who meets the minimum requirements on the standardized entrance examinations and fulfills the other minimum criteria for admission consideration.

Principal Candidate: A candidate who has been found scholastically qualified and who will be admitted to the Academy contingent upon the completion of prescribed medical, security and midshipman, USNR, MMR program requirements.

Alternate Candidate: A scholastically qualified candidate who would replace principal candidates who decline or fail to qualify for a final appointment, or who do not meet the requirements of the midshipman, USNR, MMR program.

Remedial: Term used to define the physical conditions requiring correction and/or compliance determined necessary by the U.S. Department of Defense Medical Examination Review Board (DODMERB) in order to be medically qualified. (Example: Removal of impacted wisdom teeth.)

Scholastic Requirements

Candidates should pursue studies in high school that will prepare them for the Academy's rigorous program. The quality of work is impor-

tant. Eighty-two percent of the Class of 2011 ranked in the top 40 percent of their high school classes.

To be appointed to the Academy, candidates must have satisfactorily completed their high school education at an accredited secondary school or its equivalent. They must have earned at least 18 units of credit. Four of these credit units must be in English; three units in mathematics (from algebra, geometry and trigonometry); and one unit in physics or chemistry with a laboratory. These requirements are minimal. The Academy strongly recommends that candidates take four years of mathematics and both physics and chemistry. Courses in mechanical drawing and machine shop are also desirable. Successful completion of pre-calculus or calculus satisfies the trigonometry requirement.

By March 1 of the year in which they are seeking admission, candidates must submit evidence with their official application showing the completion of all academic requirements. All required courses must be completed by June 15 or by the date of graduation from high school. Time extensions will not be granted.

Testing

All candidates are required to take either the standardized College Board's Scholastic Assessment Test (SAT I) or the standardized American College Testing Program's test (ACT) on scheduled dates at convenient testing centers throughout the country. Required testing must be completed by the first test date of the year in which admission is sought, unless permission is requested and received, in writing, from the Academy's director of admissions. All tests should be taken within 16 months prior to the month of enrollment.

The minimum standardized SAT I or standardized ACT qualifying scores for admission will be determined by the Academy for each entering class. The Academy does not accept the non-standard or untimed administration of the SAT or ACT.

It is the candidate's responsibility to register for the examinations. Registration instructions are contained in information bulletins available at no cost to most secondary schools. Members of the U.S. Armed Forces should find copies available in their units' education offices. Bulletins may also be obtained by writing to:

College Board
P.O. Box 592
Princeton, NJ 08541

or

College Board
P.O. Box 1025
Berkeley, CA 94701

or

American College Testing Program
P.O. Box 168
Iowa City, IA 52240

Testing and registration information is also available through the Internet at **www.collegeboard.com** (for the College Board's SAT) or **www.act.org** (for the American College Testing Program).

In the event that you have any questions concerning test requirements, or if you are unable to meet the established examination deadline date, contact the Academy's Admissions Office.

Candidates must request the testing agency to submit their test scores to the U.S. Merchant Marine Academy, Kings Point, New York

11024-1699. The cost of the examination must be borne by the individual candidate. The Academy's SAT code number is 2923; its ACT code number is 2974.

Nominations

Candidates must be nominated to the Academy by a U.S. Representative or Senator (see previous definition). Candidates may only be nominated by qualified authorities from their state or territory.

Nominating authorities select their nominees by any methods they wish, which may include a screening interview. This screening may be administered as early as July of the year before appointment is sought. Nominees must reside in the state or territory that the nominating official represents, or have a "home of residence" in the state or territory represented by the nominating official.

A candidate should apply for a nomination early. Some nominating authorities establish deadline dates for the receipt of nomination requests in order to allow adequate time for processing and evaluating requests. The ideal time for a candidate to apply for a nomination is in May of junior year in high school.

Nominating authorities must submit the names of their nominees to the Academy by January 31 of the school year in which admission to the Academy is sought.

You may request a nomination as a candidate for admission to the Academy by writing a letter and addressing it to an appropriate nominating authority. Be sure your full name is typed or printed legibly. A typewritten letter is preferred. (See Sample Letter on the next page.)

(Sample Letter)

Date _____

The Honorable _____ or
 House of Representatives
 Washington, D.C. 20515

The Honorable _____
 United States Senate
 Washington, D.C. 20510

Dear _____ :

It is my desire to attend the United States Merchant Marine Academy. I respectfully request that I be considered one of your nominees for the class entering the Academy in the Summer of 20 _____. The following personal data are provided for your information:

Full name _____
(Printed as recorded on birth certificate.)

Name of parents _____
 Address *(include ZIP code and phone number)*

Permanent Address

Temporary Mailing Address (if different)

My date of birth: _____ Place of birth: _____

Social Security number: _____

High School attended: _____
(Name and address)

My approximate standing is _____ in a class of _____

I have requested that a high school transcript of my work completed to date be forwarded to your office as soon as possible. I have also listed on the reverse side of this letter my results on the American College Testing (ACT) and/or College Board (SAT) examinations.

I have been active in high school extracurricular activities as indicated on the reverse side.

I would greatly appreciate your consideration of my request for one of your nominations.

Very respectfully,

(Signature)

Visiting the Academy

Visits to the Academy are available and strongly encouraged for prospective midshipmen. There are two types of visits available while Academy classes are in session.

Day Visit - *For high school juniors and seniors only.* Includes an admissions interview and an escorted campus tour. Students must arrive at the Admissions Office no later than 10:00 a.m. At that time, they may meet with an admission recruiter who will provide information and answer questions. At 11:20 a.m., visiting students are paired with midshipman escorts for lunch with the Regiment of Midshipmen in Delano Hall. They then attend afternoon classes and activities with their escorts and finish at approximately 4 p.m.

Overnight Visit - *For high school juniors and seniors only.* This consists of an interview and accompanied overnight stay. Students must arrive at the Admissions Office by 3:00 p.m. At that time, they may meet with an admissions recruiter who will provide information and answer questions. At 4 p.m., visiting students are paired with their midshipman escorts. They will attend regular afternoon and early evening activities, such as sports practices and club meetings. Visiting students will have dinner with the Regiment of Midshipmen in Delano Hall and will stay overnight in the midshipman escort's room. The following morning, they will have breakfast in Delano Hall, attend morning classes with their escort and join the entire Regiment of Midshipmen for lunch in the dining hall. They will conclude at approximately 12:30 p.m.

Parents and family members who arrive with the student are invited to participate in the admissions interview. However, only the visiting student may attend meals and classes. Parents and family members may continue to tour the Academy on their own. Meals are available in the Seafarer Canteen. Overnight accommodations can be arranged at local hotels.

There are several periods during the year when escorted visits to the Academy are not available (although a meeting and interview with an admissions representative may be possible) :

- The weeks immediately before and after trimester final exams.
- The week of trimester break and the first week after midshipmen return from trimester break.
- The weeks of the winter holiday break.
- The period from the Friday before memorial Day weekend until the middle of August.
- Several "blackout" dates during the course of the academic year due to special campus events.

During the periods when escorted visits are not available, students may still arrange an "Interview Only" with an admissions officer. Note that this option is not available during the period in July when Indoctrination of incoming freshmen (plebes) is underway. The Academy campus is closed to visitors during Indoctrination.

Students who are high school sophomores or younger may visit the academy for

an "Interview Only" session, but may not participate in the Day or Overnight Visit programs until they have become high school juniors. Students interested in visiting the Academy should call, toll free, **1-866-546-4778**, or **516-773-5391** to schedule an appointment. All visits must be scheduled at least one week in advance.

International Students

The Code of Federal Regulations (CFR) permits the appointment of midshipmen from



nations other than the United States. By law, no more than 30 international students may attend the Academy at any one time.

International students interested in applying to the Academy must contact the Admissions Office to obtain an International Application Package. They may **not** use the on-line application found on the Academy's website.

To obtain an International Application Package, send an e-mail to:

admissions@usmma.edu, or write: Admissions Office, U.S. Merchant Marine Academy, 300 Steamboat Road, Kings Point, NY 11024-1699, USA, Att: International Applications.

All international applicants must take either the standardized SAT or the ACT. Applicants for whom English is not a native language must also take the Test of English as a Foreign Language (TOEFL) examination.

All completed International Applications must be received no later than February 1 of the year of enrolling at the Academy. In order for an application to be complete, the Academy must receive Parts I, II and III of the application; a biographical essay; all high school/secondary school (pre-university) and college/university transcripts (in English); letters of recommendation; your passing (at or above minimum) SAT and/or ACT scores; and your passing (at or above minimum) TOEFL scores (if required). If your original transcript is not in English, you must also provide a certified translation of your transcript in English, with your other application paperwork.

If the Academy does not receive all of the above information by February 1, the application for admission will be denied.

All International Applicants must also

supply the Admissions Office with the results of a full medical examination, in English, or accompanied by a certified English translation. All Academy midshipmen, as required by regulation, must be physically qualified to sit for the U.S. Coast Guard-administered merchant marine officer license examination, before completing their studies and graduating from the Academy. Medical disqualification is a cause for rejection of admission to the Academy.

The United States does not offer any scholarships, grants or other financial assistance or aid to international students for attending the Academy. All expenses are the student's responsibility. Their ability to pay for an Academy education must be demonstrated in order for them to receive an appointment to the Academy.

The Academy does provide enrolled international students with the same required uniforms, textbooks and transportation allowances that U.S. citizen midshipmen receive.

Security Clearance

In order to receive a commission at graduation as an officer in a reserve component of the U.S. Armed Forces, you will be required to complete an electronic form for a security clearance upon enrollment at the Academy. All questions must be answered accurately and truthfully so that your clearance is not delayed. To verify your place of birth, you will be asked to submit a certified copy of your birth certificate. Please address any inquiries about the security clearance to the Admissions Office.

(Note: Effective September 28, 2008, graduates may need to comply with security clearance requirements necessary to obtain Transportation Worker Identity Cards. Check with the Admissions Office for further information.)

Dual Citizenship

The possession and use of a foreign passport in preference to a U.S. passport may raise doubts about your allegiance to the United States. A security clearance will be denied or revoked unless the foreign passport is surrendered.

Anyone indicating the possession of a foreign passport will be instructed to return that document to the appropriate country's embassy or consulate, requesting a return endorsement, which is required for the security clearance determination.

Anyone having dual U.S./foreign citizenship, without possessing a foreign passport of another country, must abrogate that country's citizenship.

Failure to comply with these instructions will result in a denial of a security clearance, of entry to the U.S. Navy Reserve or another Armed Forces reserve component, and in disenrollment from the Academy.

Applications

You should request an application and complete it prior to the March 1 application deadline. You are strongly encouraged to complete this application early even before receiving a nomination from your nominating authority. Early filing of an application will

expedite processing your admission file.

Apply On-Line

U.S. candidates for admission to the Academy may apply on-line via the Internet. Go to the Academy's website, www.usmma.edu. Click on "Admissions" and then click on "Apply On-Line."

Candidate Reply Date

The Academy ascribes to the universal candidate reply date of May 1. All principal, and conditional appointees, and those designated as alternates, are required to notify the Academy either of accepting or declining their status by that date.

Medical Requirements

A candidate for admission to the Academy must meet the medical requirements

for appointment as a U.S. Naval Reserve midshipman. Medical examinations are conducted by a service academy examining facility designated by the U.S. Department of Defense Medical Examination Review Board (DODMERB), and a final decision on a candidate's medical qualifications is made by that board. All candidates must be medically qualified for appointment by DODMERB by April 16 of the year of entrance.

It is the candidate's responsibility to pursue medical processing in a timely manner to its conclusion. If, for any reason, an individual does not receive written or telephone notification from DODMERB approximately 30 days after submitting an application to the Academy's Admission Office, he or she must contact DODMERB's Scheduling Department at 1-800-841-2706 to obtain a medical appointment date.

Please notify DODMERB if you have completed a physical examination for any other federal service academy.

A listing of some of the medical requirements follows.

Vision

The refractive error to correct the vision to 20/20 must not be greater than plus or minus 6.75 diopters in any meridian; there cannot be more than 3.00 diopters of astigmatism present; and the maximum difference in power between the eyes may not exceed 3.50 diopters. The candidate must satisfactorily pass the Farnsworth Lantern Test (FALANT) for color perception. If this test is not available, color perception must be determined by the pseudoisochromatic plate test (PIP).

Hearing

Auditory acuity of all candidates is determined by an audiometer. The standards for hearing, to which the Academy ascribes, are determined by the U.S. Department of Defense Medical Examination Review Board.

Height and Weight

The following table sets forth the minimum and maximum acceptable heights and weights. Height measurements below the minimum or above the maximum shown in this table are disqualifying. (Height is shown in inches and weight in pounds).

WEIGHT STANDARDS (Men)

Height	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78
Weight:																	
Minimum	103	104	105	106	109	111	115	119	123	127	131	135	139	143	147	151	153
Maximum	152	157	162	167	172	177	182	188	192	196	201	206	211	216	221	226	231

WEIGHT STANDARDS (Women)

Height	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78
Weight:																			
Minimum	92	95	97	100	103	106	108	111	114	117	119	122	125	128	130	133	136	139	141
Maximum	142	145	149	152	156	160	163	167	170	174	177	181	185	188	192	195	199	203	206

Any prospective candidate who has been diagnosed with substandard color vision is not eligible for further consideration.

Upon reporting to the Academy, all plebes are subject to an eye examination. Those who fail to meet the Academy's visual requirements at that time will be disenrolled.

Heart and Vascular System

An electrocardiogram is required of all candidates. The following conditions may be causes for rejection and require complete medical evaluation: all organic valvular diseases of the heart, including those improved by surgery; EKG evidence of variations from normal heartbeat; hypertension evidenced by a predominant blood pressure reading of 140mm or more systolic, or 90mm or more diastolic. The following are causes for rejection: varicose veins, if severe or symptomatic; a heart rate greater than 100 on repeated examination; a substantiated history of rheumatic fever within the previous two years; recurrent attacks of rheumatic fever or evidence of residual cardiac damage; a history of recurring rapid heartbeat within the preceding five years (paroxysmal tachycardia).

Nares

Septal deviation, hypertrophic rhinitis, or other conditions which result in 50 percent or more obstruction of either airway, or which interfere with the drainage of sinus on either side, are causes of rejection.

Skin

Chronic skin diseases such as severe acne, eczema, psoriasis or unsightly congenital markings are cause for disqualification. Pilon-

dial sinus, if evidenced by the presence of mass or discharging sinus, is cause for rejection. Pilonidal cyst surgery within the past year is disqualifying.

Genitourinary System

Persistent or recurrent albuminuria of any type or the persistence of casts in the urine will be cause for rejection, even though the etiology cannot be determined. Other causes for rejection include marked phimosis, epispadias, or pronounced hypospadias; atrophy, deformity, or maldevelopment of both testicles; an undescended testical of any degree. Bed-wetting past age 12 is disqualifying.

Neurological Examination

A history of motion sickness (e.g., air, sea, swing, train or carnival ride) should be thoroughly investigated. A history of head injury in the past five years resulting in unconsciousness must be completely evaluated and an electroencephalogram is required. Evidence of degenerative disorders and such conditions as established migraine is cause for rejection.

Asthma

Asthma, recurrent asthmatic bronchitis or exercise-induced bronchospasms, by diagnosis or history, is cause for rejection.

Abdominal Wall Examination

Hernia of any type is disqualifying until corrected; history of operation for hernia within the past 60 days is disqualifying. Other abnormal diseases and conditions which are not acceptable include stomach or small bowel ulcer or a history of one; acute or chronic gall bladder disease; removal of spleen for reason

other than trauma.

Weight and Body Fat

Each student at the Academy is required to meet and maintain the standards of the Department of the Navy's Merchant Marine Reserve, U.S. Naval Reserve (MMR, USNR) program for midshipmen.

Determination of a candidate's medical status is based on weight in relation to height and, if required, on body fat percentage. The minimum and maximum parameters for individual height are listed in the Table on page 19. The maximum body fat percentages are 25 percent for men and 35 percent for women. A body fat percentage is not required for candidates whose weight falls within the parameters set forth in the Table. For those candidates whose weight exceeds the maximum for their height, a body fat measurement will subsequently be taken using the circumference (tape measure) method. In these cases, maximum limits for body fat are 25 percent for men and 35 percent for women. A candidate will be considered to exceed the medical qualification standards if both weight and body fat percentage exceed the maximum.

Candidates who do not meet the established medical requirements for admission at the time of their medical examination may still be considered for and offered a conditional appointment. Candidates are expected to report for the Academy's Indoctrination Program in July meeting the height-weight standards.

Miscellaneous Medical Disqualifications

Other medical reasons for disqualification include Attention Deficit Disorder (ADD); acute communicable diseases; anemia; abnormal bleeding states; learning disabilities; diabetes mellitus or a history of diabetes in both parents; persistent sugar in urine regardless of cause; ununited fractures; a history of surgery to a major joint within the past six months; knee ligament surgery or a history of derangement of a knee joint not corrected by surgery, or evidence of instability subsequent to surgery; total loss of either thumb; tuberculosis active in the past five years; hay fever, if severe, or a record of hyposensitization therapy for severe hay fever during one year prior to examination; nasal polyps; personality disorders; symptomatic immaturity disorders such as stammering or stuttering; arthritis; and herniated nucleus pulposus or a history of operation for this condition. This list reflects a sampling of conditions that are medically disqualifying.

Note: Women applicants must also have a pelvic examination and a Pap test, if they are age 22 or older.

All candidates must be medically and physically qualified on the “**UNRESTRICTED LINE**” level for entry.

Dental Standards

A candidate must have a minimum of 16 natural permanent teeth, of which a minimum of eight must be in each arch. All missing teeth causing unsightly spaces or significantly reducing masticatory or incisal efficiency must be re-placed by well-designed bridges or partial dentures which are in good condition. All

required dental treatment must be completed prior to final medical qualification. Disqualifying defects are:

- braces
- lack of satisfactory incisal or masticatory function;
- less than a minimum of eight natural permanent teeth in each arch;
- edentulous spaces which are unsightly or which significantly reduce masticatory function;
- carious teeth, including minor carious areas extending into dentin;
- infectious or chronic diseases of the soft tissue of the oral cavity;
- marked malocclusion resulting in severe dentofacial deformity;
- unsatisfactory restoration, bridges, or dentures;
- severe or extensive apical or periodontal infection.

Candidate Fitness Assessment (CFA)

Candidates must satisfactorily pass the Candidate Fitness Assessment (CFA), one of the requirements for admissions to the U.S. Merchant Marine Academy. Completion and results should be received by 1 March of the admissions year.

The CFA is a test of strength, agility, speed and endurance. The results of this test are important in the overall assessment of your admission file; therefore you should become familiar with and practice the six events in the CFA (Basketball Throw, Pull-Ups, Shuttle Run, Modified Sit-Ups, Push-Ups and 1-Mile Run). The CFA may be administered by any teacher

holding a physical education degree or by a coach.

You are responsible to arrange for this exam, and to ensure that the results are forwarded to the Office of Admissions, U.S. Merchant Marine Academy. You may download the CFA forms and instructions from our website: www.usmma.edu/admissions

Nonswimmers

Fourth classmen must demonstrate the capability of swimming 100 yards using two basic strokes, and 15 minutes of flotation. Nonswimmers must devote a part of their time to learning basic swimming strokes, and it is therefore recommended that applicants learn to swim before entering the Academy. This requirement must be fulfilled prior to a midshipman's first shipboard training period.

Appointments

Candidates are appointed competitively by the Academy for the vacancies allocated to their state or territory area. Each state has an assigned number of appointees proportionate to its representation in Congress. After the Academy has selected its principal appointees, the remaining qualified candidates will be designated as alternates, to be appointed in order of merit should openings occur within their states.

In the event that a state fails to satisfy its allotment, appointments to fill the unfilled vacancies are determined from the national list of alternates, ranked in order of merit as described in the previous paragraph.

A candidate's competitive standing is

established by test scores on the standardized SAT I or ACT examination, high school class rank, academic record, evidence of leadership potential, interest in a maritime career, and other factors that are considered effective indicators of motivation and probable completion of training. Bonus points are awarded to candidates with at least six months of sea service aboard merchant or naval vessels.

Rolling Admission

Highly qualified candidates with a completed application (Parts I, II, III, essay, high school transcript and senior courses in progress) will receive early notification of their appointment after a thorough evaluation of their qualifications. All other candidates will be notified of their status no later than April of the year in which they seek admission. Late appointment may be offered after 1 May in order to fulfill the incoming class size requirement.

Orientation/Briefing Day for Principal Candidates

All principal candidates are invited to visit the Academy on a selected date in mid-April for a briefing program. Candidates have an opportunity to meet and discuss the Academy's program with midshipmen, faculty and administrative personnel. Attendance is strictly voluntary. Travel arrangements and expenses must be borne by the candidates.

Armed Forces Enlisted Personnel

An individual who enters the Academy in

an enlisted status in a component of the U.S. Armed Forces or U.S. Coast Guard will not have their existing military service obligation (MSO) terminated. However, attendance at the Academy may or may not be credited towards fulfillment of an MSO, depending on the circumstances of each case and the military department involved. Disposition of enlisted members of the U.S. Armed Forces who are admitted to the Academy and accept appointment as Midshipman, MMR, USNR, is addressed in Title 10 United States Code, Section 516, as well as in applicable service regulations. An enlisted member of the U.S. Armed Forces seeking admission to the Academy should obtain additional details and guidance from their command personnel office or career counselor.

Summary

Here, in summary, are the steps necessary for admission to the U.S. Merchant Marine Academy:

1. Request a nomination by contacting a U.S. Representative or Senator, preferably in May of your high school junior year.
2. Request, complete and return to the Academy your application as soon as possible, along with your high school transcript and any letters of recommendations. This material must reach the Academy no later than March 1 of your high school senior year. Applications completed early receive early attention.
3. You must pass a physical and medical examination administered by a central medical review board once the Academy

receives your completed application. You must be physically and medically qualified by DODMERB by June 1.

4. You must take either the College Board's standardized SAT I or the American College Testing Program's standardized ACT examination no later than the first test date of the year you are seeking admission. The Academy does not accept the non-standard or untimed administration of the SAT or ACT.
5. On or before April 10, if your application was complete and received by March 1, you will be notified either of your selection as a principal, conditional or alternate candidate, or of your failure to meet the requirements.
6. Alternate candidates are subsequently notified if and when they are designated as principal candidates.
7. For a full explanation of Academy admissions requirements and candidate terminology, please refer to the previous pages in this section.
8. The plebe class enters the Academy in early July.

Additional information may be obtained from:

Admissions Office
U.S. Merchant Marine Academy
300 Steamboat Road
Kings Point, New York 11024-1699
Telephone: (516) 773-5391
Toll Free Number: 1-866-546-4778
E-mail: admissions@usmma.edu
FAX: (516) 773-5390
Website: www.usmma.edu

Expenses and Financial Aid

The major cost of attending the U.S. Merchant Marine Academy is borne by the Federal Government. There is no tuition charged. Midshipmen are provided with comfortable quarters and well-balanced meals. Basic medical and dental care while on board is provided through the Academy Patten Health Services Clinic.

Prescribed initial issues of uniforms and textbooks is provided without charge to midshipmen. In order to assure uniformity of appearance, quality and cost, all required items are purchased by the Academy with specifications approved by the Commandant of Midshipmen or the Academic Dean. In individual cases where additional textbooks are considered desirable, it is the responsibility of the midshipman to defray such costs. In addition, each midshipman, when entering the Academy, is required to purchase or possess an electronic scientific hand-held calculator with graphics display. Each incoming midshipman is also required to purchase a personal computer from the Academy. Details are furnished when applicants are notified of acceptance.

Midshipman Fees

All midshipmen are required to pay for mandatory educational and personal services and supplies not provided by the Federal Government. All students are responsible for the payment of Midshipman Fees. Failure to pay the required fees by the published due dates may jeopardize enrollment into the entering

class, and may result in disciplinary action including suspension and or disenrollment from the Academy.

Activity Fee

This fee includes: **Athletics** - varsity programs and club teams, intramural and wellness programs; **Waterfront** - various waterfront activities including sailing, related lectures and seminars; **Publications** - *Bearings Book*, Academy regimental regulations; *Parents Guide*, parents guide to the life at the Academy; *Hear This*, the official midshipman newspaper; *Midships*, the midshipman yearbook; **Recreational Events** - recreational and cultural events on and off campus.

Services

This fee includes: **Barber** services (male and female); **Tailor** services and access to **Laundry** facilities; **Computer Network and Maintenance Support** - Computer Support Services, including software updates, loaner laptops, user assistance, network utilization services, virus and spyware protection, as well as individual training, group training and self-study software/video tutorials; **Telephone** - in-room telephone access for selected upper classmen and regimental officers. Local as well as long distance calls can only be made with a credit card.

Supplies

This fee includes: **Plebe Personal Issue**

- required personal items such as a foot-locker, towels, grooming kit, etc.; **Plebe Educational Issue** - required educational items such as a drawing board, micrometer, caliper, splicing kit, instrument set, etc; sextant (Deck, Ship's Officer), AutoDesk AutoCAD 2000 (Engineering Majors).

Medical

This fee includes: **Health Insurance Program**-Supplemental accident insurance program, all required vaccinations, U.S. Coast Guard mandated blood testing and screening, as well as medical laboratory tests.

Licenses

This fee includes: U.S. Coast Guard - imposed user fees (plebe year only) for Life Boat certificate and Merchant Marine Document (MMD). In subsequent years the cost will vary depending on a midshipman's major.

Equipment (Plebe Year Only)

This fee includes: Purchase of a personal notebook computer with access to the Academy Network and all required academic software.

Total Midshipman Fees - Plebe (Freshman) Year

At the time of publication of this catalog, the actual range of charges for a member of the Class of 2011 was:

Activity Fee	\$ 1,300.00
Services	\$ 1,510.00
Supplies.....	\$ 790.00
Health Services	\$ 880.00
License Fees	\$ 140.00
Computer Purchase ...	\$ 2,400.00
Total	\$ 7,020.00

Actual midshipman fees generally increase in future academic years.

Payment of Midshipman Charges may be made by check, money order or credit card (Master Card, Visa only). Payment should be made payable to: "USMMA Midshipman Fee Account" and mailed to:

*U.S. Merchant Marine Academy
Fiscal Control Office, NAFI
300 Steamboat Road, Furuset Hall, N-307
Kings Point, NY 11024-1699*

Any check or credit card authorization returned by our bank will be subject to a return payment fee of \$35.00. Midshipmen failing to pay their fees by the published payment due dates for each trimester will be assessed a late-payment penalty of \$50.00 to reflect additional processing costs. In addition, failure to pay the required fees by the due dates may jeopardize enrollment into the entering class, and may result in disciplinary action including suspension and or disenrollment from the Academy. Midshipmen failing to pay their fees within 30 days of the original due date will be further assessed a Finance Charge of 2 percent per month on all outstanding balances. The Academy reserves the right to decline offering any new services to midshipmen whose accounts are delinquent.

The above fees apply to the plebe class only. Costs in subsequent years generally are less since the computer purchase is a one-time, first year expense.

**Total Midshipman Fees-
All Classes/Splits/Majors**

On the basis of current midshipman fee rates for the most recent (July 1, 2006-June 30, 2007) academic year, the total student charges for the four-year program (depending on major) were:

Plebe Class	
(Freshman)	\$ 7,020.00
Third Class	
(Sophomore)	\$ 2,410.00
Second Class	
(Junior)	\$ 2,410.00
First Class	
(Senior)	\$ 3,710.00

Note: Actual midshipman fee rates generally increase in future academic years.

**Refunds:
Indoctrination Period**

A full refund is authorized if a plebe candidate declines appointment and does not report to the Academy as ordered. Separation during the indoctrination period will result in full refund of the Activity Fee and the Equipment Fee for computer purchase; a partial refund for Services and Supplies Fees is authorized depending on the actual date of separation from the Academy. For candidates who expect to receive federal financial assistance, please take notice that the Academy follows the federal refund procedures.

Regular Academic Year

The Activity and Service fees are not refundable for separations after the first day of each trimester. Fees for Midshipman Supplies (Plebe Personal and Educational Issues) are refundable only to the extent that such issues have not yet been completed. The Equipment Fee (personal notebook computer) is not refundable. The computer, once purchased, becomes the midshipman's property.

All fees for midshipmen awaiting academic or other Board review decisions in the period between terms are refundable to the extent that services and supplies have not been consumed.

Issue items for which the U.S. Government has paid can never be exchanged for cash or credit. Refund checks, when applicable, will be mailed to the midshipman's home address on record (unless the midshipman specifies another address in writing) within 30 days after separation from the Academy.

Payment Deadlines

Incoming plebes are responsible for payment of first academic trimester fees prior to reporting to the Academy for indoctrination. For returning members of the upper classes, the fee deadline is on or before the first day of regular classes for each trimester in residence. Failure to pay the required fee by the deadline may result in the refusal of enrollment, suspension, or disenrollment.

Pay

Midshipmen, while assigned to sea for the shipboard training portion of the curriculum, are provided with quarters, meals and medical care. They are paid \$820.20 per month (for the 2006-07 Academic Year), by the shipping companies, less certain minor expenses which vary with each company. Midshipmen do not receive wages while in residence at the Academy.

Spending money and transportation costs during liberty and leave periods are considered a midshipman's own personal expense. Losses incurred by such acts as willful damage, breakage or mischief may be charged to a midshipman.

Official Travel

Midshipmen are reimbursed for official travel at the Federal Government-authorized mileage rate, or at the cost of traveling by common carrier at the government rate, whichever is less.

Student Loans, Grants, Scholarships

The Academy recognizes that some candidates may require financial assistance in order to meet required midshipman costs. Since the Academy does not offer direct financial aid, a limited number of hardship deferrals are available to prospective plebe candidates with demonstrated financial need. Approved candidates are allowed to defer payment of their midshipman fees pending receipt of their Federal Family Educational Loan Program and

Pell Grant proceeds. Any midshipmen who have duly completed an application for Financial Aid Deferral (and were granted a hardship deferral) will be responsible for any amounts not covered by their financial aid.

Candidates are urged to act early and take the necessary steps to obtain financial assistance through the Federal Student Aid program by filling out the Free Application for Federal Student Aid (FAFSA) starting January 1. The loans offered are the Federal Stafford Loan (student loan) and the Parent Loan for Undergraduate Students (PLUS).

Candidates are strongly encouraged to research the availability of these loans during the fall of their senior year in high school and to seek advice from high school guidance counselors. Moreover, the candidate or the candidate's parents should communicate with the Academy's Financial Aid Office in order to receive proper instructions and forms for an acceptable financial aid application package.

Based on the results of the FAFSA evaluation by the U.S. Department of Education, certain very needy midshipmen may be deemed eligible to receive Federal Pell Grant funds. In order to be considered for a Pell Grant, students must request financial assistance and submit a FAFSA.

Students who are eligible for the Federal Pell Grant program may also be eligible for the Academic Competitiveness Grant (ACG). This grant is for students who are enrolled full-time in their first and second academic years and who have graduated from a rigorous high school program of study. Students in their third

or fourth academic year may also be eligible for a National Science and Mathematics Access to Retain Talent Grant (SMART). SMART grants are awarded to students who are eligible for a Pell grant, and who are majoring in science, technology, or engineering, and who have at least a 3.0 grade point average.

It is the policy of the Academy's Financial Aid Office to report to the U.S. Department of Education each midshipman's name, address and social security number through the National Student Loan Database System (NSLDS).

Outside scholarships and grants (from such organizations as the Lions Club, NAACP and other community service and educational organizations) may be used to offset a midshipman's fees and expenses. Students therefore are encouraged to apply for any scholarships and grants for which they may be eligible. Scholarship award checks should be sent to the Academy's Financial Aid Office.

Banking Facilities

A banking facility, the Navy Federal Credit Union, is located at the Academy. Spending money may be deposited there in a special checking or savings account which does not require a minimum balance, so that the midshipman will have ready access to funds while avoiding the risk of carrying cash in any quantity. There is an ATM located on campus.

expedite processing your admission file.

Apply On-Line

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The refractive error to correct the vision to 20/20 must not be greater than plus or minus 6.75 diopters in any meridian; there cannot be more than 3.00 diopters of astigmatism present; and the maximum difference in power between the eyes may not exceed 3.50 diopters. The candidate must satisfactorily pass the Farnsworth Lantern Test (FALANT) for color perception. If this test is not available, color perception must be determined by the pseudoisochromatic plate test (PIP).

Hearing

Auditory acuity of all candidates is determined by an audiometer. The standards for hearing, to which the Academy ascribes, are determined by the U.S. Department of Defense Medical Examination Review Board.

Height and Weight

The following table sets forth the minimum and maximum acceptable heights and weights. Height measurements below the minimum or above the maximum shown in this table are disqualifying. (Height is shown in inches and weight in pounds).

WEIGHT STANDARDS (Men)

Height	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78
Weight:																	
Minimum	103	104	105	106	109	111	115	119	123	127	131	135	139	143	147	151	153
Maximum	152	157	162	167	172	177	182	188	192	196	201	206	211	216	221	226	231

WEIGHT STANDARDS (Women)

Height	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78
Weight:																			
Minimum	92	95	97	100	103	106	108	111	114	117	119	122	125	128	130	133	136	139	141
Maximum	142	145	149	152	156	160	163	167	170	174	177	181	185	188	192	195	199	203	206

Any prospective candidate who has been diagnosed with substandard color vision is not eligible for further consideration.

Upon reporting to the Academy, all plebes are subject to an eye examination. Those who fail to meet the Academy's visual requirements at that time will be disenrolled.

Heart and Vascular System

An electrocardiogram is required of all candidates. The following conditions may be causes for rejection and require complete medical evaluation: all organic valvular diseases of the heart, including those improved by surgery; EKG evidence of variations from normal heartbeat; hypertension evidenced by a predominant blood pressure reading of 140mm or more systolic, or 90mm or more diastolic. The following are causes for rejection: varicose veins, if severe or symptomatic; a heart rate greater than 100 on repeated examination; a substantiated history of rheumatic fever within the previous two years; recurrent attacks of rheumatic fever or evidence of residual cardiac damage; a history of recurring rapid heartbeat within the preceding five years (paroxysmal tachycardia).

Nares

Septal deviation, hypertrophic rhinitis, or other conditions which result in 50 percent or more obstruction of either airway, or which interfere with the drainage of sinus on either side, are causes of rejection.

Skin

Chronic skin diseases such as severe acne, eczema, psoriasis or unsightly congenital markings are cause for disqualification. Pilon-

dial sinus, if evidenced by the presence of mass or discharging sinus, is cause for rejection. Pilonidal cyst surgery within the past year is disqualifying.

Genitourinary System

Persistent or recurrent albuminuria of any type or the persistence of casts in the urine will be cause for rejection, even though the etiology cannot be determined. Other causes for rejection include marked phimosis, epispadias, or pronounced hypospadias; atrophy, deformity, or maldevelopment of both testicles; an undescended testical of any degree. Bed-wetting past age 12 is disqualifying.

Neurological Examination

A history of motion sickness (e.g., air, sea, swing, train or carnival ride) should be thoroughly investigated. A history of head injury in the past five years resulting in unconsciousness must be completely evaluated and an electroencephalogram is required. Evidence of degenerative disorders and such conditions as established migraine is cause for rejection.

Asthma

Asthma, recurrent asthmatic bronchitis or exercise-induced bronchospasms, by diagnosis or history, is cause for rejection.

Abdominal Wall Examination

Hernia of any type is disqualifying until corrected; history of operation for hernia within the past 60 days is disqualifying. Other abnormal diseases and conditions which are not acceptable include stomach or small bowel ulcer or a history of one; acute or chronic gall bladder disease; removal of spleen for reason

other than trauma.

Weight and Body Fat

Each student at the Academy is required to meet and maintain the standards of the Department of the Navy's Merchant Marine Reserve, U.S. Naval Reserve (MMR, USNR) program for midshipmen.

Determination of a candidate's medical status is based on weight in relation to height and, if required, on body fat percentage. The minimum and maximum parameters for individual height are listed in the Table on page 19. The maximum body fat percentages are 25 percent for men and 35 percent for women. A body fat percentage is not required for candidates whose weight falls within the parameters set forth in the Table. For those candidates whose weight exceeds the maximum for their height, a body fat measurement will subsequently be taken using the circumference (tape measure) method. In these cases, maximum limits for body fat are 25 percent for men and 35 percent for women. A candidate will be considered to exceed the medical qualification standards if both weight and body fat percentage exceed the maximum.

Candidates who do not meet the established medical requirements for admission at the time of their medical examination may still be considered for and offered a conditional appointment. Candidates are expected to report for the Academy's Indoctrination Program in July meeting the height-weight standards.

Miscellaneous Medical Disqualifications

Other medical reasons for disqualification include Attention Deficit Disorder (ADD); acute communicable diseases; anemia; abnormal bleeding states; learning disabilities; diabetes mellitus or a history of diabetes in both parents; persistent sugar in urine regardless of cause; ununited fractures; a history of surgery to a major joint within the past six months; knee ligament surgery or a history of derangement of a knee joint not corrected by surgery, or evidence of instability subsequent to surgery; total loss of either thumb; tuberculosis active in the past five years; hay fever, if severe, or a record of hyposensitization therapy for severe hay fever during one year prior to examination; nasal polyps; personality disorders; symptomatic immaturity disorders such as stammering or stuttering; arthritis; and herniated nucleus pulposus or a history of operation for this condition. This list reflects a sampling of conditions that are medically disqualifying.

Note: Women applicants must also have a pelvic examination and a Pap test, if they are age 22 or older.

All candidates must be medically and physically qualified on the “**UNRESTRICTED LINE**” level for entry.

Dental Standards

A candidate must have a minimum of 16 natural permanent teeth, of which a minimum of eight must be in each arch. All missing teeth causing unsightly spaces or significantly reducing masticatory or incisal efficiency must be re-placed by well-designed bridges or partial dentures which are in good condition. All

required dental treatment must be completed prior to final medical qualification. Disqualifying defects are:

- braces
- lack of satisfactory incisal or masticatory function;
- less than a minimum of eight natural permanent teeth in each arch;
- edentulous spaces which are unsightly or which significantly reduce masticatory function;
- carious teeth, including minor carious areas extending into dentin;
- infectious or chronic diseases of the soft tissue of the oral cavity;
- marked malocclusion resulting in severe dentofacial deformity;
- unsatisfactory restoration, bridges, or dentures;
- severe or extensive apical or periodontal infection.

Candidate Fitness Assessment (CFA)

Candidates must satisfactorily pass the Candidate Fitness Assessment (CFA), one of the requirements for admissions to the U.S. Merchant Marine Academy. Completion and results should be received by 1 March of the admissions year.

The CFA is a test of strength, agility, speed and endurance. The results of this test are important in the overall assessment of your admission file; therefore you should become familiar with and practice the six events in the CFA (Basketball Throw, Pull-Ups, Shuttle Run, Modified Sit-Ups, Push-Ups and 1-Mile Run). The CFA may be administered by any teacher

holding a physical education degree or by a coach.

You are responsible to arrange for this exam, and to ensure that the results are forwarded to the Office of Admissions, U.S. Merchant Marine Academy. You may download the CFA forms and instructions from our website: www.usmma.edu/admissions

Nonswimmers

Fourth classmen must demonstrate the capability of swimming 100 yards using two basic strokes, and 15 minutes of flotation. Nonswimmers must devote a part of their time to learning basic swimming strokes, and it is therefore recommended that applicants learn to swim before entering the Academy. This requirement must be fulfilled prior to a midshipman's first shipboard training period.

Appointments

Candidates are appointed competitively by the Academy for the vacancies allocated to their state or territory area. Each state has an assigned number of appointees proportionate to its representation in Congress. After the Academy has selected its principal appointees, the remaining qualified candidates will be designated as alternates, to be appointed in order of merit should openings occur within their states.

In the event that a state fails to satisfy its allotment, appointments to fill the unfilled vacancies are determined from the national list of alternates, ranked in order of merit as described in the previous paragraph.

A candidate's competitive standing is

established by test scores on the standardized SAT I or ACT examination, high school class rank, academic record, evidence of leadership potential, interest in a maritime career, and other factors that are considered effective indicators of motivation and probable completion of training. Bonus points are awarded to candidates with at least six months of sea service aboard merchant or naval vessels.

Rolling Admission

Highly qualified candidates with a completed application (Parts I, II, III, essay, high school transcript and senior courses in progress) will receive early notification of their appointment after a thorough evaluation of their qualifications. All other candidates will be notified of their status no later than April of the year in which they seek admission. Late appointment may be offered after 1 May in order to fulfill the incoming class size requirement.

Orientation/Briefing Day for Principal Candidates

All principal candidates are invited to visit the Academy on a selected date in mid-April for a briefing program. Candidates have an opportunity to meet and discuss the Academy's program with midshipmen, faculty and administrative personnel. Attendance is strictly voluntary. Travel arrangements and expenses must be borne by the candidates.

Armed Forces Enlisted Personnel

An individual who enters the Academy in

an enlisted status in a component of the U.S. Armed Forces or U.S. Coast Guard will not have their existing military service obligation (MSO) terminated. However, attendance at the Academy may or may not be credited towards fulfillment of an MSO, depending on the circumstances of each case and the military department involved. Disposition of enlisted members of the U.S. Armed Forces who are admitted to the Academy and accept appointment as Midshipman, MMR, USNR, is addressed in Title 10 United States Code, Section 516, as well as in applicable service regulations. An enlisted member of the U.S. Armed Forces seeking admission to the Academy should obtain additional details and guidance from their command personnel office or career counselor.

Summary

Here, in summary, are the steps necessary for admission to the U.S. Merchant Marine Academy:

1. Request a nomination by contacting a U.S. Representative or Senator, preferably in May of your high school junior year.
2. Request, complete and return to the Academy your application as soon as possible, along with your high school transcript and any letters of recommendations. This material must reach the Academy no later than March 1 of your high school senior year. Applications completed early receive early attention.
3. You must pass a physical and medical examination administered by a central medical review board once the Academy

receives your completed application. You must be physically and medically qualified by DODMERB by June 1.

4. You must take either the College Board's standardized SAT I or the American College Testing Program's standardized ACT examination no later than the first test date of the year you are seeking admission. The Academy does not accept the non-standard or untimed administration of the SAT or ACT.
5. On or before April 10, if your application was complete and received by March 1, you will be notified either of your selection as a principal, conditional or alternate candidate, or of your failure to meet the requirements.
6. Alternate candidates are subsequently notified if and when they are designated as principal candidates.
7. For a full explanation of Academy admissions requirements and candidate terminology, please refer to the previous pages in this section.
8. The plebe class enters the Academy in early July.

Additional information may be obtained from:

Admissions Office
U.S. Merchant Marine Academy
300 Steamboat Road
Kings Point, New York 11024-1699
Telephone: (516) 773-5391
Toll Free Number: 1-866-546-4778
E-mail: admissions@usmma.edu
FAX: (516) 773-5390
Website: www.usmma.edu